# PUBLIC SERVICES OBJECTIVES

#### **Overall Goal:**

To improve the overall quality of life for Cambridge residents by creating and coordinating public services.

## Objective #1:

Create or support a broad array of services and opportunities for families and youth

#### **Persons to be Served:**

Over the year 1450 families and/or children/youth will be served through a variety of public service grants.

#### **Expected Resources:**

- Community Development Block Grant:
- Local Property Taxes:

#### **Strategies:**

Through a combination of Community Development Block Grant and Property Taxes, the Department of Human Service Programs will continue to contract with local non-profit community providers who work with families and children/youth that will provide the following:

Services	Outputs	Outcomes
Services  Affordable preschool programs, out of school time activities, summer camps.	Outputs  Scholarships for low- moderate income families; day camp for children with behavioral special needs.	1. Increases in the supply of and access to high quality, developmentally appropriate, and affordable early care and education programs and camps for low-moderate income families.  2. Increases in the social, emotional, physical, and cognitive development of children.
		3. Increased self-esteem and behavior management for children.
Career counseling to Cambridge child care providers.	Counseling sessions, group workshops, technical assistance calls.	1. Increased knowledge of child development, teaching skills, curriculum development, etc., by providers. Increased access to education and professional

Support for court involved youth	Support groups and educational workshops for court-involved youth about critical teen issues such as sexual behavior, substance abuse, peer pressure, peer and domestic violence. Group and individual counseling.	development opportunities.  2. Increase in the number of skilled and qualified providers of quality care and education for children/youth  1. Development of nurturing and working relationships for children/youth.  2. Utilization of community resources by families with court-involved youth.  3. Decreases in risk-taking and violent behavior among hard to reach, low-income court involved children/youth.
Access to readily available community services for adults, families and children/youth that are culturally sensitive and appropriate; and Intervention, referrals and counseling for adults, families and youth/children.	Provide information about available services for all families including specific linguistic and ethnic populations; provide referrals to available services; provide direct services, distribute information; advocate for vulnerable or hesitant individuals; and assist linguistic minority families to receive services. Follow-up to ensure service provision; provide counseling and case mana gement	<ol> <li>Access to and use of existing services.</li> <li>Adaptation to new life and culture.</li> <li>Resolution on problems with ease, comfort and confidence.</li> <li>Formulation of collaborative, comprehensive service initiatives for the crosscultural populations.</li> <li>Gaps in services identified and addressed</li> </ol>
Employment preparation, training and assistance in entering the workforce for adults and youth.	Classes, counseling and case management, job placements, monitoring job performance and resolving job related issues.	<ol> <li>Increases in self-esteem and self-confidence by adults and youth.</li> <li>Increased employability, learned goal setting and decision-making.</li> <li>Reduction in the number of individuals living in poverty.</li> </ol>
Shelter and support to homeless families and youth/children.	Intake and orientation, referral to alternative housing situations, assist in getting settled and acclimated, develop individualized case management plan, develop	<ol> <li>Access to and use of transitional and/or permanent housing.</li> <li>Increases in number of families becoming settled and acclimated.</li> </ol>

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housing search plan; assist adults in recovery from alcoholism and substance abuse in finding transitional	<ul><li>3. Reduction in the number of homeless adults and families with children.</li><li>4. Increases in self-sufficiency</li></ul>
and/or permanent housing; assist families with children in finding transitional and/or	skills by adults and families. Increases in the number of adults in recovery from
permanent housing	alcoholism and/or substance abuse.
Represent public and private	1. Prevention of homelessness
housing tenants in eviction	and involuntary dislocation of
cases, housing appeals, etc.;	low-income families and
educate advocates and	individuals with disabilities,
providers on tenant –landlord	senior citizens, and victims of
rights; social work and case	domestic violence.
management; provide training	2. Reduction in the number of
_	homeless adults and families.
	adults in recovery from alcoholism and substance abuse in finding transitional and/or permanent housing; assist families with children in finding transitional and/or permanent housing  Represent public and private housing tenants in eviction cases, housing appeals, etc.; educate advocates and providers on tenant –landlord rights; social work and case

## Objective #2:

Create or support domestic violence and abuse prevention and treatment for adults and youth.

#### **Persons to be Served:**

Over the year 450 adults and/or youth will be served through a variety of public service grants.

## **Expected Resources:**

- Community Development Block Grant:
- Local Property Taxes:

## **Strategies:**

Through a combination of Community Development Block Grant and Property Taxes, the Department of Human Service Programs will continue to contract with local non-profit community providers to provide the creation or support of domestic violence and abuse prevention and treatment for adults and youth that will provide the following:

Services	Outputs	Outcomes
Legal services to women	Provide legal advice and	1. Achievement of long term
living in poverty and/or low	counseling; individual	physical, emotional and
income victims of domestic	counseling, casework and	financial security by women
violence	group counseling, represent	and children who are victims
	victims in court; distribute	of domestic violence.
	domestic violence and child	2. Increases in the number of
	support information; training	motivated, well-trained and
	and support and supervision	supervised volunteers.
	for volunteers working with	
	victims of domestic violence	
Support groups and	Support group for battered	1. Utilization of skills and
educational workshops to low-	women, finance workshops,	tools learned by victims of
income women, and safe	alcohol support group, stress	domestic violence that result
daytime space and assistance	reduction workshops, and	in healing from the traumatic
to homeless women.	disability support groups.	effects of domestic violence.
		2. Access to and use of
		support, training, resources
		and information that results in
		victims of domestic violence
		in emerging from abuse,
		poverty and social isolation.
Dating violence prevention	Individual and group	1. Increase in level of
and Intervention.	counseling sessions;	knowledge by youth and teens
	educational and preventative	about the risk of dating
	information; intervention	violence.
	services; training; and	2. Enhanced capability by
	dissemination of information	youth and teens to prevent

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to larger community.	dating violence and assist
	peers with intervention
	activities.

## Objective #3:

Create support services for Linguistic minorities in Cambridge.

**Persons to be Served:** Over the year, these strategies will serve 850 people through a variety of public service grants.

#### **Expected Resources:**

- Community Development Block Grant
- Local Property Taxes

**Strategies:** Through a combination of Community Development Block Grant and Property Taxes, the Department of Human Service Programs will continue to contract with local non-profit community providers who work with linguistic minorities to provide the following:

Services	Outputs	Outcomes
Direct service and collateral	Comprehensive developmental	1. Increased access to and use
support for linguistic families	assessment and specialized	of early intervention services
with infants-toddlers with	therapeutic intervention for	and medical care for
disabilities and special family	children under three years old	linguistic families with
needs.	who have or are at risk for	infants-toddlers with
	developmental problems; case management and individual	disabilities and special family needs.
	family service planning; weekly	2. Increase in access to other
	home visits; parent-child groups	existing community services
	at community sites;	by these families.
	transportation; consultation to	3. Increase in skills and
	community child care staff; hire,	knowledge of
	train and support	bilingual/bicultural Early
	bilingual/bicultural Early	Intervention staff who work
	Intervention specialists.	with linguistic families.
		4. Increase in number of
		trained bilingual/bicultural
		Early Intervention staff.
Weekly program consisting	Transportation, meals, health	1. Increase in access to and
of recreational, social and	screening, medical referrals, and	use of existing community
educational activities to	monthly health monitoring;	services by Haitian senior
senior citizens of Haitian	social services such as access to	citizens.
descent.	food pantries; elementary ESL	2. Reduction of feelings of
	classes; citizenship exam	isolation; increase in English
	preparation classes; and	language skills; increase in
	resources for immigration and	access to and use of
	welfare issues.	immigration and welfare
		resources and services.

Information and referral services to individuals and families who speak Spanish, Portuguese, and who emigrated from Ethiopia and other parts of Africa.	Case management services; consultation to other community agencies; advocacy; employment support services; community radio program for Ethiopian families.	1. Increase in access to and use of existing community services and resources by individuals/families who are speakers of Spanish or Portuguese or who emigrated from Africa.  2. Increase in employment by participating adults. Increase in financial self-sustainability by participating families.
Interpretation and translation services to speakers of Spanish, Haitian and Portuguese languages.	Interpretation/translation at community and social service agencies such as INS, housing authorities, courts, social security offices; translation of documentations such as birth certificates.	1. Increase in access to existing community services and resources by individuals & families who are speakers of Spanish, Haitian and Portuguese languages.
To provide English language instruction and counseling services and support to at-risk parents, with children under eight years old.	English instruction for linguistic parents; weekly counseling; initial and ongoing assessments; outreach via mailings to community agencies, schools, clinics, and churches, and media advertisements; bi-weekly parent-and-child time; and workshops for families in collaboration with other existing community programs.	1. Increase in English proficiency and school readiness skills among participating children; increase in the literacy skills of participating families; increase in access to and use of community resources; and increase in parenting skills, parent involvement in children education.
Bilingual/bicultural mental health services and support to recently immigrated Spanish, Portuguese and Haitian speaking children and families with serious psychosocial problems, intensified by cultural differences and social disadvantages.	Cross-cultural staff that are representative of the population to be served; outreach and networking at schools and in the community; school-based group counseling sessions in Spanish, Portuguese and Haitian Creole; referral services; case management services; consultation to other community programs serving this population; and training on cross-cultural mental health issues for schools and other community programs.	1. Increase in number of cross-cultural staff; increase in knowledge and skills of cross-cultural mental health issues by school and other community program staff.  2. Increase in psychological health and academic success of participating linguistic youth.

#### Objective #4:

Provide emergency food resources for residents in need.

**Persons to be Served:** Over the year 14,050 adults, families, children and youth will be served through a variety of public service grants.

## **Expected Resources:**

- Community Development Block Grant:
- Local Property Taxes:

**Strategies:** Through a combination of Community Development Block Grant and Property Taxes, the Department of Human Service Programs will continue to contract with local non-profit community providers who work in emergency food services, that will provide the following:

Services	Outputs	Outcomes
Delivery of foods to sites that	Maintain consistent sources of	1. Receipt of fresh, nutritious
serve low-income individuals;	quality foods; develop and	food by low-income
deliver food to homebound	maintain relationships with	individuals.
individuals.	local warehouses, grocery	2. Reduction in hunger in
	stores, farms, etc.; identify and	Cambridge through advocacy,
	screen eligible participants;	community education and
	delivery food to homebound	empowerment projects.
	individuals; produce and	
	disseminate materials on	
	hunger and health; and	
	advocacy.	
Food and other community	Food Pantry open on a regular	1. Receipt of fresh, nutritious
resources through Food	basis; distribution of food to	food and other community
Pantries	low-income families and	resources that result in the
	children; advocacy,	reduction in hunger in
	community education and	Cambridge through advocacy,
	empowerment projects,	community education and
		empowerment projects.
		2. Increase in community
		involvement in Food Pantries.

## Objective #5:

Create or support services for senior citizens and/or disables.

**Persons to be Served:** Over the year 550 senior citizens will be served through a variety of public service grants.

#### **Expected Resources:**

- Community Development Block Grant:
- Local Property Taxes:

## **Strategies:**

Through a combination of Community Development Block Grant and Property Taxes, the Department of Human Service Programs will continue to contract with local non-profit community providers who work with senior citizens to provide the following:

Services	Outputs	Outcomes
Services Assistance for senior citizens of Haitian decent.	Outputs  Recreational, social and educational activities; interpretation/translation; assistance with completing applications for Senior Food Pantries and other relevant benefits; ESL, US History and Civics classes; and preparation for Citizenship Exams.	Outcomes  1. Access to and use of services for senior citizens of Haitian decent.  2. Increase in English as second language literacy skills of senior citizens of Haitian decent.  3. Increase in seniors taking Citizenship Exam; and  4. Decrease in isolation of
Services for senior citizens.	Medical dial-a ride transportation services; and nutritional shopping transportation.	seniors of Haitian decent.  1. Increased access to and utilization of medical services by senior citizens.  2. Enhanced nutrition and overall health for seniors.  3. Decreases in isolation.
Services for Homebound Senior Citizens and Persons with Disabilities	Home-based services including housecleaning, reorganization, and safety planning; information and referral to other existing services for senior citizens; and counseling.	1. Reduction in number of seniors and persons with disabilities at risk of being evicted and displaced due to unsanitary and hazardous living conditions; 2. Increase in access to and use of other community resources.
Escort/Transportation and	Escort and transportation to	1. Increased access to and

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Caregiver-Respite Program for	medical appointments, shopping	use of community services
Senior Citizens and other	and other critical errands; and	by senior citizens and
Individuals with Disabilities.	companionship and home visiting	other individuals with
	program; caregiver support and	disabilities; decrease in
	relief program.	feelings of isolation by
		homebound senior citizens
		and other individuals with
		disabilities.
		2. Reduction in turnover
		rate of caregivers of senior
		citizens and other
		individuals with
		disabilities.